**MANAGEMENT OF HEALTH AND SAFETY AT WORK REGULATIONS 1999**

**GENERAL RISK ASSESSMENT**

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| **DEPARTMENT/SCHOOL/UNIT** | Ipswich School | **REF NO.** | **Games/005** |

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| **TASK/OPERATION BEING ASSESSED** | RUGBY |
| **Consequence of Hazard**  Minor injury  Injury  Over three-day absence  Major injury  Disability or Death | | |

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| **PURPOSE/METHOD OF WORK** |

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| For: All Staff & Pupils  All methods of Work associated with Contact Sports (Rugby).  **To be used in conjunction with the Concussion Policy** |

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| **SPECIFIC LEGISLATIVE REQUIREMENTS** |  | **LEVEL OF SKILL/TRAINING REQUIRED** |
| Health & Safety at Work etc. Act  Management of Health & Safety at Work Regulations  Workplace (Health, Safety & Welfare) Regulations  Health and Safety (First Aid) Regulations |  | General awareness of hazards associated with this type of activity.  First Aid Certificate.  Knowledge of location of First Aid boxes needed. |

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| **MAIN HAZARDS IDENTIFIED** | **WHO WILL BE AFFECTED** | **CONTROL MEASURES TO REDUCE THE RISK** |
| All accidents/ emergencies  People participating who are not eligible or medically fit (Unknown Medical conditions) | Staff & Pupils | 1. Rugby Coaching Session. Coaches must be DBS checked. 2. Correct Staffing Ratios for Coaching and Games 3. Ensure participants are eligible (age, ability etc) 4. Ensure participants are Medically fit 5. RFU Guidelines recommend that there is a safety distance between pitches of 5m from Touchline. |
| Impact Injuries:  Head, Face, Nose & Mouth Injuries  Fractures, Sprains, dislocation and Concussion |  | 1. Gum Guards MUST be worn 2. Advise scrum caps for scrum members 3. Protective Clothing is to be appropriate. |
| Slips, Trips and Falls due to playing surface. |  | 1. Inspection of playing surface to ensure it is safe for the session/game to take place. 2. Access to a qualified first aider, first aid kit and Telephone. |
| Rugby Post and Corner Flags – Cuts and collisions with equipment |  | 1. Equipment meets National standards 2. All equipment is checked and Post Protectors are used. |
| Line Outs – Slips, trips & falls etc. |  | 1. Correct Coaching in a controlled environment to learn the skills 2. Line Outs only introduced when the players have been trained. |
| Scrums – Neck & Back Injuries |  | 1. Correct Coaching in a controlled environment to learn the skills (Scrummage Machine) 2. In a game situation – if a scrum member becomes injured and there is no “front row” replacement then the Scrum will become unopposed. 3. Players encouraged to wear scrum caps. |
| Strains and Injuries |  | 1. Warm up and Warm Down 2. Participants are wear appropriate clothing (Warm kit etc) 3. Access to a qualified first aider, first aid kit and Telephone |
| Studs – Cuts & Abrasions |  | 1. Ensure that Studs are checked prior to any session/game 2. Ground staff are to check the pitches prior to use to ensure that they are playable. |
| Weather Conditions  Heat Exhaustion  Hypothermia etc |  | 1. Regular breaks and access to drinking water 2. Appropriate clothing, footwear and protection to be worn 3. Adequate shelter in bad weather should be made available for players and their equipment. 4. Adequate changing/shower facilities should be made available for all players |
| Injury caused by Machinery (Scrum Machines) |  | 1. No machinery should be left unattended when Pupils are about to Play/Train 2. Ground Staff should not use machinery within 100m of Pupils that are about to play/train |

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| Please mark appropriate number (1 = very low, 5 = very high) and Risk Priority Rating | |
| **Frequency : 1**  **2** **3** **4** **5** | **Severity : 1** **2** **3** **4** **5** |
| **Risk (Frequency x Severity)** | 2 X 5 = 10 (medium) |
| **Risk Priority Rating** | High(16 – 25) Medium(9 – 15) Low(1 – 8) |

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| **MANUAL HANDLING RISK** |  | **PERSONAL PROTECTIVE EQUIPMENT REQUIRED** |
| Has a manual handling risk been identified? No  Is the risk considered to be Low  Is a further detailed assessment required? No |  | Gum Guards  Shoulder Protection |
| If the answer to the above question is YES a separate manual handling assessment will be required to fulfil the requirements of the Manual Handling Operations Regulations 1992. |  | Is training and instruction required Yes  Is there need for special accommodation No  Is there need for test/examination No  Is all P. P. E. compatible YES |

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| **FREQUENCY OF MONITORING** | | | | |  | **ASSESSMENT REVIEW PERIOD** | | | | |
| N/A | 3 Months | 6 Months | 1 Year | > 1 Year |  | < 1 Year | 2 Years | 3 Years | 4 Years | > 4 Years |
|  |  |  | X |  |  |  | X |  |  |  |

Signed …………………………………….. Post/Title ……………………..…..

Date …………..……………….

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| Review Date |  |  |  |  |
| Initials |  |  |  |  |